

Rotary

Rotary Club of Seymour

Connecting with our community

Contact us at PO Box 80 Seymour 3661, www.rotaryseymour.org or phone the Secretary Bill on 0438 028868

President : **Ruth Byers**

Secretary : **Bill Dwyer**

Treasurer : **Peter Holland**

No 17 29 October 2025

Coming Meetings

Unless otherwise noted, we gather from 6.30pm for a 7.00pm start

Date Venue	3 November Lyndale Park	10 November Royal Hotel	17 November
	See details below 6.39-8.30pm	Royal Hotel Speaker James Greenshields	Royal Hotel Junior Community Awards
Chair		John Keeffe	Tony Lee
Toast		Mathew Fowler	John Barton
Cashier		Samantha Manning	Leanne Chapman
Greeter		David Freeman	Russell Chapman

***If you cannot carry out your duties, please arrange for someone else to do so,
and advise President Ruth or Alison Hall***

All Members: Please respond to the Meeting Invitations to allow easier catering

Save the Dates

31 October, 1 & 4 November	Shake the Can	Ken
8 November	SES Open Day incl Catering	Mathew
13 November	VicPol online Neighbourhood Policing Forum	Bill
16 November	Market	Mark
29 November	Say No to Domestic Violence	Ruth
15 December	Club Christmas Celebration	Alison
21 December	Twilight Market	Mark

Next Week's Meeting

Our meeting next week on Cup Eve will be at the Lodge at Lyndale Park.

The address is 465 Tallarook Pyalong Road, Tallarook. Once in the gate, just follow the signs to the Lodge. Ample parking adjacent.

Food will be provided (nibbles, pizza and ice creams)...provided you have told Fiona of your attendance. Cost \$25 - cash please. BYO drinks, glass and coins/notes for sweeps and games.

Fiona requests that we come in our best blue and gold fashions. Mark will tell you why.

Last Week's Meeting

In opening the meeting, Chair Catriona welcomed everyone, including guest speaker Kirsty Roberts representing the Blue Light organization.

The usual Rotary toast was proposed by Dave Palmer, who had chosen the home of his favourite event of the month, the Rotary Club of Bathurst.

Dave told us that the club, chartered in 1935, is one of 2 in the area, the other being Bathurst Daybreak chartered in 1997. Both clubs involve their members in activity similar to ours. Next event is the Great Bathurst Duck Race on 16 November. Having the "best race track in the world" nearby, they utilize it to host Year 10 students through RYDA for the youth driver awareness program, held in the pit area.

Should you be travelling and staying overnight, think about seeking out a Rotary meeting to go along as a visitor. It can be quite enjoyable.

Acting President Mark noted that we'd had many weeks of hard work, with 3 to go: the Shake the Can next weekend, and 2 Markets in the period up to Christmas. He reminded us that the November market is on 16 th, and December's will be a Twilight Market on 21 December from 6 until 9 pm.

Secretary Bill Dwyer reported on 2 coming events: the SES Open Day on 8 November (we will be doing the barbecue), and the VicPol online Neighbourhood Policing Forum 13 November 6-8 pm.

Members have the details via email from Bill.

Fiona reminded us that the Mock Interviews for Year 10 students at Seymour College will be held tomorrow Tuesday. Members are asked to report to the College office by 9 am.

Dave reported that although none of the local nominees got up in the Georgie Awards, the Seymour Performers Workshop received 2. Well done, SPW.

He reminded us that the next show is "Sweeney Todd" opening on 8 November.



Jo Wilson took the floor to tell us about maximizing the benefit to the club in using our Facebook pages. There are several ways we can use to enhance our presence on the app:

- Comment
- Like
- Follow
- Share
- Show interest

Attached to this Bulletin is a copy of the instructions we can follow to make our club and its activities better known to our community.

In the raffle, Tony Lee won the chocolates, and Trevor Wilson the wine and had the right ticket for the Joker Poker, but, alas, the wrong card.



Catriona then introduced our guest speaker, **Kirsty Roberts representing Blue Light Victoria**. BLV is a youth charity committed to investing in the futures of young people. With a focus on early intervention it engages people aged 10-21 years of age in experiences which build connection, confidence and community.

It does its work in partnership with Vic Police, SES, CFA, Fire 7 Rescue Vic, Vic Ambulance. Its mission is to design, develop and deliver programs for young people which foster positive engagement, support well-being, and strengthen relationships.

It does this

- by providing young people with unique and hands on learning experiences,
- by supporting young people's social and emotional well-being
- through engaging students with police and emergency services and the broader community.

There are several different programs

- DASH which caters for Years 5 and 6
- blue EDGE for Years 7,8 and 9
- CoRE for Years 10 and 11, alternative education settings, and TAFE.

Each of these programs is intended to promote student mental health and well-being; to enable schools to intervene early; and to provide targeted and more individualized support for students who need it.



Mark thanked Kirsty for her presentation, and presented her with a copy of Samuel Johnson's book. In closing the meeting, he reminded members of next week's meeting and the Shake the Can on the weekend.



These are our members who supported the students of Seymour College by participating in the Mock Interview program on Tuesday 28 October.

Jane Challis, Chris Bence, Fiona McCarthy, John Barton, Paulette Andrews, Catriona Jarman and John Keeffe.

Birthdays....almost forgot, sorry

25 October Dave Palmer who was at the meeting, too. Sorry Dave. Hope that you had a great day.

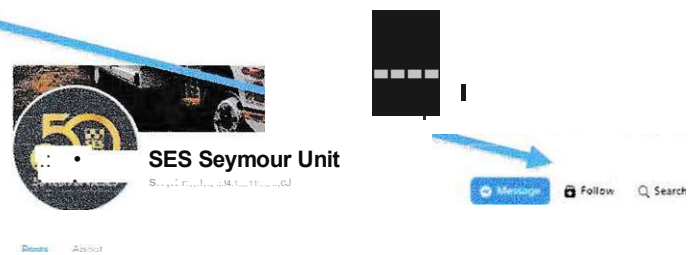
SEYMOUR ROTARY CLUB GUIDE: ENGAGING WITH FACEBOOK

1. FOLLOW A PAGE

To stay updated with Rotary Club posts:

- Visit the club's Facebook page.
- Click the 'Follow' button under the cover photo.
- Adjust notification settings via the three dots(...) if

needed. [Image: Follow button on a Rotary Club

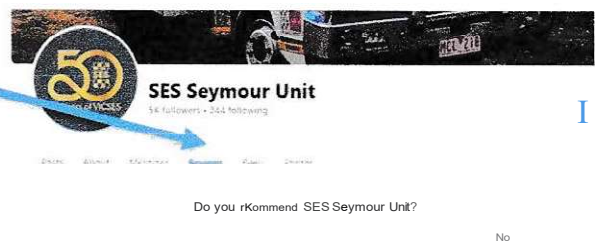


Facebook page]

2. LEAVE A REVIEW

To share your experience:

- Go to the club's Facebook page.
- Scroll to the 'Reviews' section.
- Click 'Yes' to recommend and write a short review.
- Click 'Post' to submit.



[Image: Review section with recommendation prompt]

3. LIKE A POST

To show support:

- Scroll through posts.
- Click the thumbs-up icon (Like) under any post you

Rotary Club of Seymour

★ Favourites · 24 October at 21:43

On 10th October 10...
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ap1,h<se,moc;l,xio...me,9C*nrHh,VedCM,...X MCC<SJO0ir;9ots9-m*J'romcn+
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4. COMMENT ON A POST

To engage in conversation:

- Click 'Comment' under a post.
- Type your message and press Enter.

5. SHARE A POST

To spread the word:

- Click 'Share' under a post.
- Choose where to share (Feed, Story, Messenger).
- Add a message if desired and click 'Post'.

TIPS FOR EFFECTIVE COMMENTING

- Be positive and supportive: "Great work on the fundraiser."
- Add value: Share insights or ask thoughtful questions.
- Tag others: Use @Name to invite friends.
- Stay on topic: Keep comments relevant.
- Be respectful: Use kind and inclusive language.

Example: Follow button on a Rotary Club Facebook page

